

# BERLINiB



**BERLIN  
iB  
2024/  
B May  
June  
July  
August**





Cover model for our  
BERLiNiB 2024/B issue  
is dancer and fashion  
model Ayda Senna  
photographed by Sina

## 2024/B BERLiNiB



ISSN 2535-602X

**PREVIEW**

BERLiNiB 2024/B

**BERLiNiB:** Made in  
places with gorgeous  
models, outfits, and  
perhaps also weather  
via, among other  
things, **Being,**  
**Liberation** and  
**Nibbling.** A concept by  
Aristo Tacoma alias  
S.R. Weber.  
ISSN 2535-602X  
**Formal production**  
**location:** Yoga4d  
Reusch, Sorumsgate 9,  
2000 Lillestrom, Norway  
**Thanks** for inspiring  
advises about this  
magazine from my father  
Stein Bråten  
When we make a  
magazine, we start the  
layout from scratch and

add the tag, "PREVIEW"  
in a blue note on the  
left side of this  
editorial page.

The sequence of the  
editorials inside the  
magazine is more or less  
determined by when they  
are made. All can watch  
the transmutation of  
the preview into the  
completed published  
online magazine. All  
editorial photos are  
made for or by the  
magazine, & shown after  
agreement with model.

At the time of its  
publication (for  
publication times,  
confer website) all  
content is in place. It  
is only at this time  
that the "PUBLISHED"  
stamp will appear on  
the left of this page,  
and published online  
magazines goes to  
archives with ISSN  
number and are  
always available in  
unchanged form.  
Each text and each  
photo in every  
photo editorial, as  
well as the fashion  
art showing trends  
of this season, are  
original material  
made for this issue  
by BERLiNiB.  
Copyrights: Fashion  
bloggers can reblog  
images with  
suitable  
acknowledgements to  
magazine, models  
and photographers,  
confer the

DIRECTORY section at  
our website for more  
info. All content can  
be accessed with both  
large screens such as  
on a PC, and through  
small screens such as  
on a phone.



Talented folks and  
fashionistas who wish  
to work with us, please  
contact us. We are  
always open to hearing  
from models, writers,  
photographers,

stylists, make-up  
artists, set designers,  
fashion designers,  
advertisers, and other  
enthusiastic creatives  
who wish to contribute  
by quality direct  
communication.

We have decided to go  
entirely for 'digital  
paper' which includes  
PDF. With top of the  
line equipment, and the  
great taste and  
creative skills of our

contributors, we create  
excellent results  
within this frame.

### **Aristo Tacoma**

In iB: founding editor;  
at times stylist and  
photographer

BERLiNiB is financed by  
advertisements and  
sponsoring. All issues  
are available for free  
as quality PDFs, viewed  
eg with Adobe PDF  
Reader, at  
berlinib.com, and also  
as jpg of pages at  
associated websites for  
the Norwegian company  
Yoga4d von Reusch  
Gamemakers.

### **Advertisements:**

Use eg Instagram DM to  
contact us about ads.  
We try to include ads  
which resonate with the  
content of the

magazine. Ads need to  
look like they are ads

The content of each  
published BERLiNiB  
Magazine is copyright  
Stein Henning B. Reusch  
alias Aristo Tacoma and  
the privately owned  
company behind  
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Models, writers &  
photographers have full  
reproducible copyright  
to all their  
contributions when  
BERLiNiB is properly  
referenced. Unsigned  
material is by the  
editor.

### **Technology includes:**

Many camera brands,  
with a 'use the force'  
attitude to focussing;  
open source including:  
KDE Neon, Gimp--though  
not for touch-up's,  
photos are real, Libre-  
Office,FontLibrary.org,  
Raspberry PI OS, and,  
as a our own creative  
tool for writing,  
Curveart drawing and  
much more: the G15 PMN  
platform, also at PC  
with Linux.

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@berlinib



**Fashion  
Models**  
in BERLiNiB  
**editorials**  
in this  
issue

BERLiNiB is at  
berlinib dot com,  
which refers to  
industrialbabes dot  
com, and published  
only on the  
"digital paper"  
format PDF. This  
opens elegantly in  
Adobe PDF reader on  
a phone eg with the  
Edge browser, and  
at any typical  
large screen  
computer. The  
magazine comes  
three times pr year.  
Page numbers refers  
to A3 pages.

Age:  
Before the onset of covid19  
in 2020, this magazine  
featured only women in late  
teens & older. As an article  
in 2021/B explained, several  
fashion magazines incl. us,  
switched at this point to  
feature also many of the  
youngest models, but in a  
manner consistent with eg  
the 'family-friendly' rules  
of such as social media, and  
in a way that continues to  
relate also to the fashion of  
those in the late teens &  
older.

**Cover  
model:**

**Ayda  
Senna**

at  
@ayda\_senna  
\_ballet

**page 4**  
[Germany]

**Twinkie  
Crecelius**

at  
@twinkie\_bug\_  
gymnast

**page 31**  
[USA]

All photos,  
text articles,  
& season-oriented  
fashion art  
are **Original**  
material made  
by/for BERLiNiB &  
for the youngest  
with parental  
consent

**Fashion  
trend  
overviews**

**Color  
palette  
FW24  
by  
BERLiNiB  
page 30**


[This is a  
preview of some  
of the  
magazine]

**Themes of  
beauty,  
style and  
fashion  
in this  
magazine  
include:**

**Fashion  
art by Yun  
Studio**

**..and towards  
the  
completion of  
each number:  
Our  
lighthearted  
TNS section:  
Humour is  
not just  
Humour, and  
the Big O**





Ayda is  
her own  
dance

Excellence  
and the  
love of dance

Our  
cover  
fashion  
model  
this  
time is  
Ayda  
Senna

Choreography of  
dance,  
and essay on  
dance by Ayda  
Senna  
and Julia  
at

@ayda\_senna\_ballet  
Fashion  
photographer is  
Sina Loose-  
Wohlert  
at

@sina.loosewohlert  
fotografie  
Light apparatus:  
Sina Loose-  
Wohlert  
MUA, stylist, set  
design: Julia  
Brands include:  
Arena, Zara  
General styling  
advisor: Aristo  
Tacoma



# Exc elle nce and the lov e of dan ce

Yogascittavrttinirodhah

योगश्चित्तवृत्तिनिरोधः॥२॥

## The Yoga and Dance of Timeless Fashion

When, some possibly 2000 or 2500 years ago or more, a writer whose legendary or real name was Patanjali, articulated that "wholeness [yoga] is the going-beyond of [needless] fluctuations of the mind", he laid, in a sense, not just the foundation for a health and mind discipline, but also, in a way, for modern-day fashion.

His Sanskrit phrase, 'yogas citta vrtti nirodhah' invokes a sense of beauty as going beyond the petty

fluctuations of the time, to look at the timeless behind it all.

The timeless moves, in a way: it is a playing on the wholeness also of the human body. It is dance; so fashion is not just clothes, not just shoes, not just hats, not just runway shows, not just perfumes, but it lies in the thirst to drink of the expressions of the human anatomy to fight the needless, petty fluctuations of minds, politics, groups. It is the depth of the human

looking for beauty, and also for sensuality, inner strength, -- or soul, to pick a more spiritual word.

So when the world is or may be or recently has been ablaze with what merchants of chaos-- the so-called 'news stations' peddle as of key interest, fashion is its own ocean of a tranquil looking-beyondness where human anatomy is the keyboard upon which something grander is playing.

And when the world is apparently still, fashion stirs it up, becoming the mover and the shaker, the dance that says: do not stagnate. Also that is yoga--the Sanskrit word

meaning 'wholeness', possibly related to English 'join'--and which has nothing in the slightest to do with the glorification of, or naming of, nations. If Yoga is true to its name, it belongs to no sect, no political group, and does not delineate some people against somebody else.

Leaping from this sense of yoga is ballet, and in understanding ballet, knowing ballet by heart, that, too, one can go beyond, to reach an even higher yoga.

Who can speak of this higher yoga but the contemporary dancers? But do they have time to speak the words, when their bodies are so occupied with expressing their dance? Surely,

though, what a dancer says between her dances may carry the force so seldom reached in this world of chatbots and the faked intelligence.

To know something not just of the fashion of this summer, but far into the future, watch and listen to what the next generation of dancers are saying; listen between the lines; let the still photos make a movement in the mind greater than any vid or reel or 'story' or whatever hyped tech concept that dominates our era.





## Essay on dance, by Ayda and Julia

### Part 1:

<<Dancing, preferably every day in every free minute and always on the move.

Every day something is added and one day the learning pays off

Today I'm finally creative  
Sometimes it's the same as with a photo or a choreography. It can take a while before it's perfect





Dancing, what my heart beats for, what I want. Training, trying, experimenting and reaching my limits. At some point it works. It makes me proud.

Not just move a bit to the music and jump around a bit : dreaming, it's feeling, touching, living, laughing.

It is sometimes sadness. If you can't find the words, you dance.

Not giving up, and more and discipline.



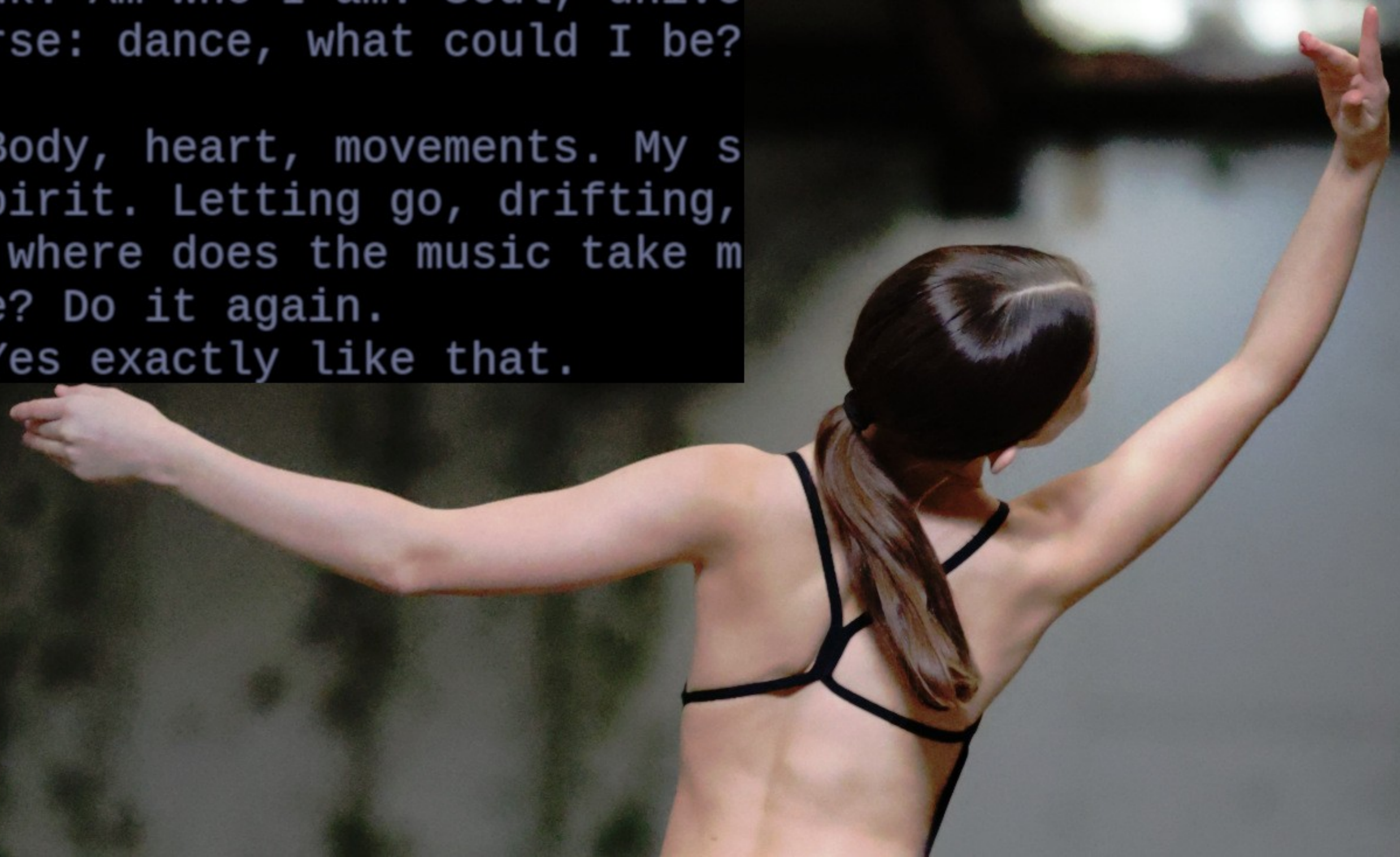
Dance all day, feel the rhythm of the music, the beat; you go to bed tired but happy and radiant and you know tomorrow will be a new day, great, impressive and just beautiful because you can dance more.>>



Part 2:

<<Dance, the only right thing. Heart pounding, pulse quickens, head clear: dance. Do have to, do not have to think. Am who I am. Soul, universe: dance, what could I be?

Body, heart, movements. My spirit. Letting go, drifting, where does the music take me? Do it again.  
Yes exactly like that.





Dance, alive to the music,  
feeling it, wanting it, by  
will and pure strong energy  
, sets you free.>>







Part 3:

<<Music accompanies me throughout the day. What is my feeling? How will my dance touch others. Dancing in my own choreography, a balm for souls.

Choreographing, composing on the tune of my life, a dance the world can see.

What is my dance? Proud, passionate, graceful, elegant?

Autumn and spring, that certain something that is dance.



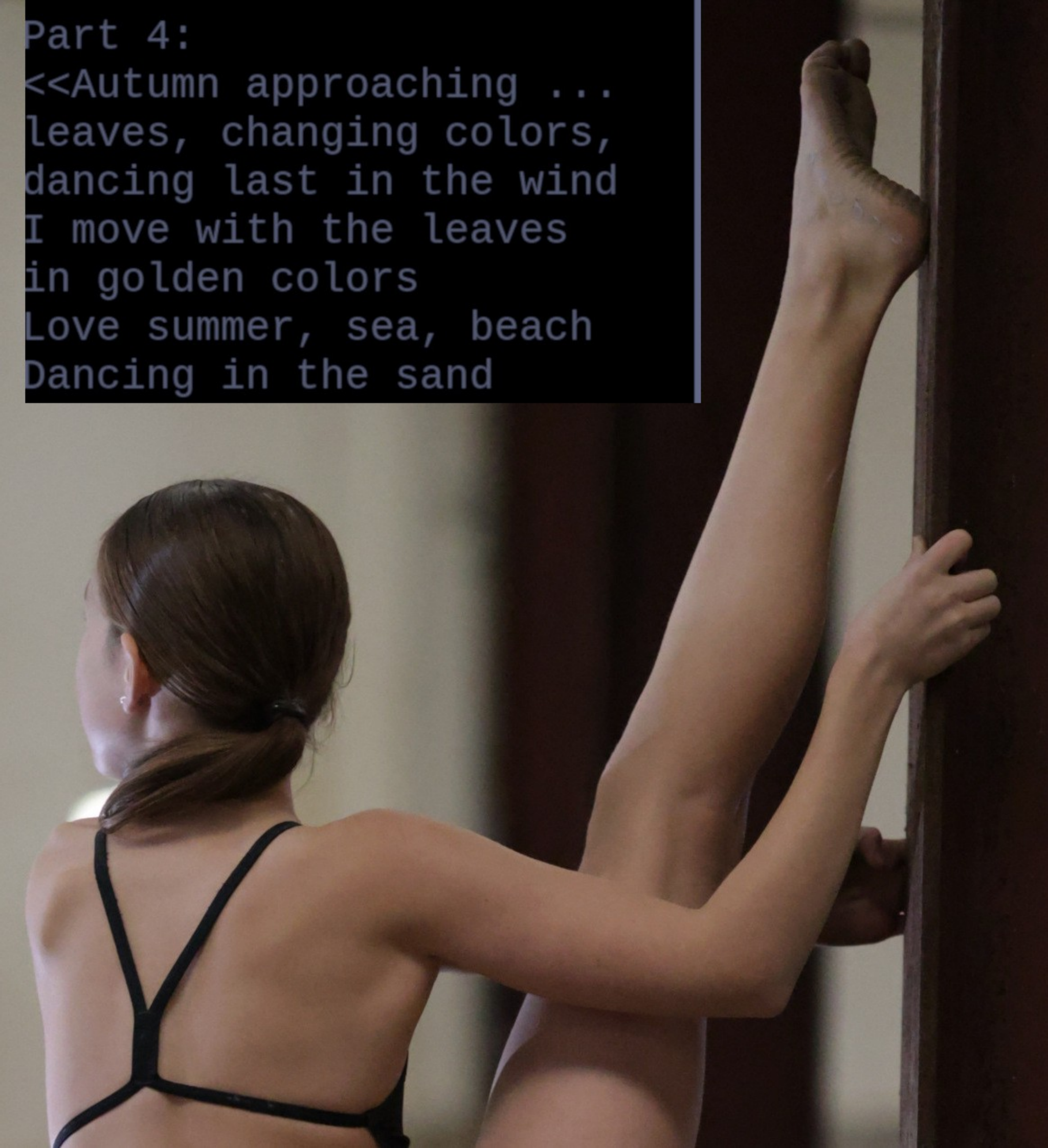


Dance, will you always love  
me? I make my dance now a s  
nowflake, pure and gentle i  
n her movements, doing the  
pirouettes and floating gl  
itteringly through the air.  
>>

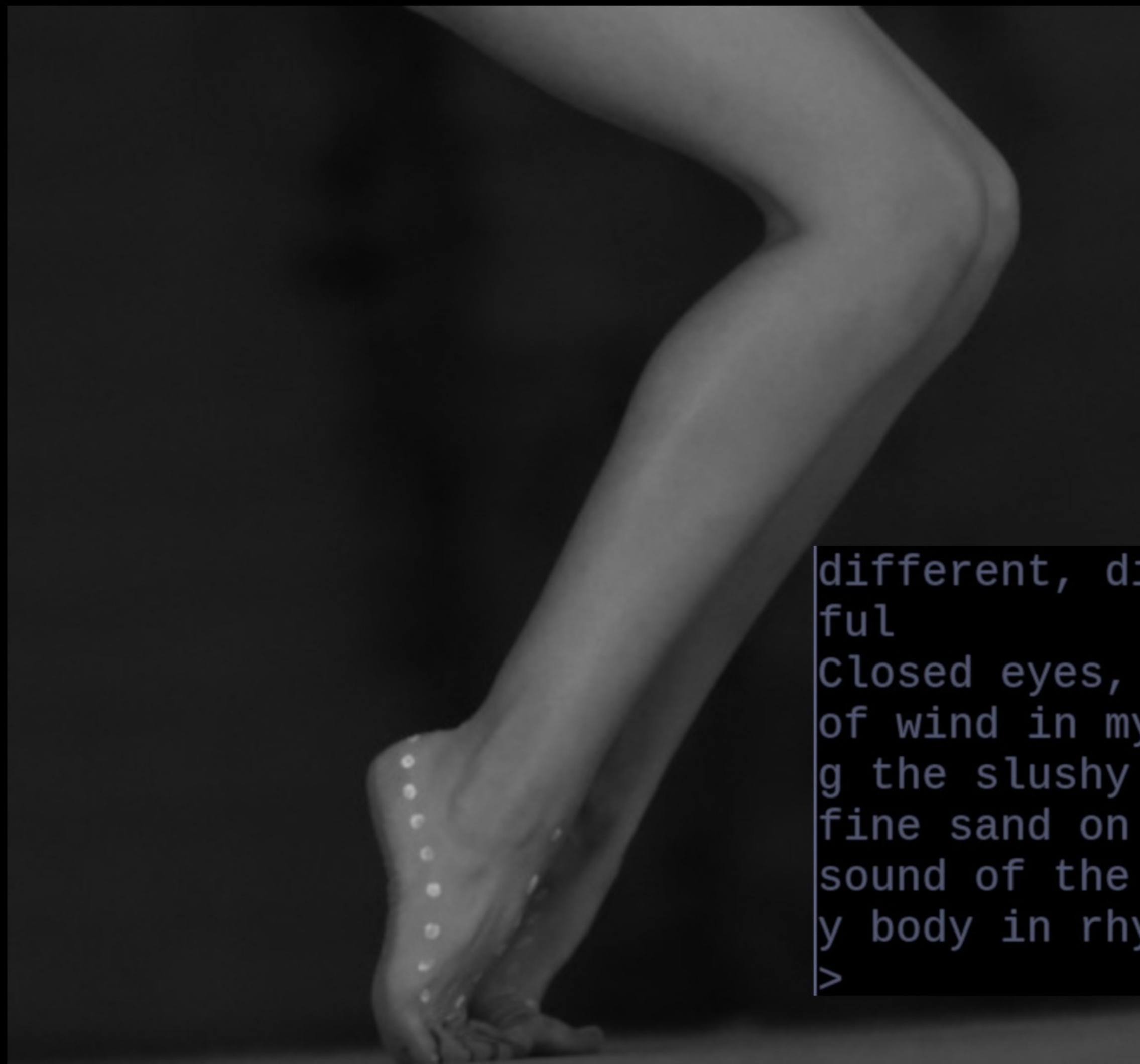




Part 4:  
<<Autumn approaching ...  
leaves, changing colors,  
dancing last in the wind  
I move with the leaves  
in golden colors  
Love summer, sea, beach  
Dancing in the sand







different, different beautiful

Closed eyes, feeling heat  
of wind in my hair, smelling  
the slushy air,  
fine sand on feet  
sound of the sea and feel m  
y body in rhythm of waves.>  
>



Part 5:

<<Already know it.

Say how it should go,  
I'll go with you.

To do something... Dancing!

Before my first steps, I was  
dancing





... everywhere, no matter where  
Music, moving, expressing.  
It doesn't always have to be  
a whole dance to feel yourself.  
How free you will feel, awaken  
a passion, let yourself drift.



Much more, love and passion  
, work and ambition, bounda  
ries, heart and soul, mind  
and freedom, openness and r  
espect. You don't need many  
words to understand me, ju  
st music.>>



Part 6:  
<<That tingling in your s  
tomach when you're in lov  
e  
The butterflies  
That's dance  
First you notice the melo  
dy Still very quiet  
This slight seesaw







Rising, your legs move,  
body loosens and relaxes.

Breathing becomes slow  
Giving in to the urge of  
the beats. You get warm a  
nd the feeling is stronge  
r,  
inside is a roller coaste  
r  
Energy throughout your bo  
dy  
and it wants to break out





Dance is mom's heartbeat  
Love when she caresses her stomach  
the tone of her voice  
when she talks to us  
Touches and the comforting,  
all the movements we need  
to feel ourselves.>>





Part 7:

<<I explore...

my connection to music  
and body and rhythm bec  
ome one

and dance my life

this day, an amazing da  
y

Sun shining

I dancing

air smells like icecrea  
m

luck is in air



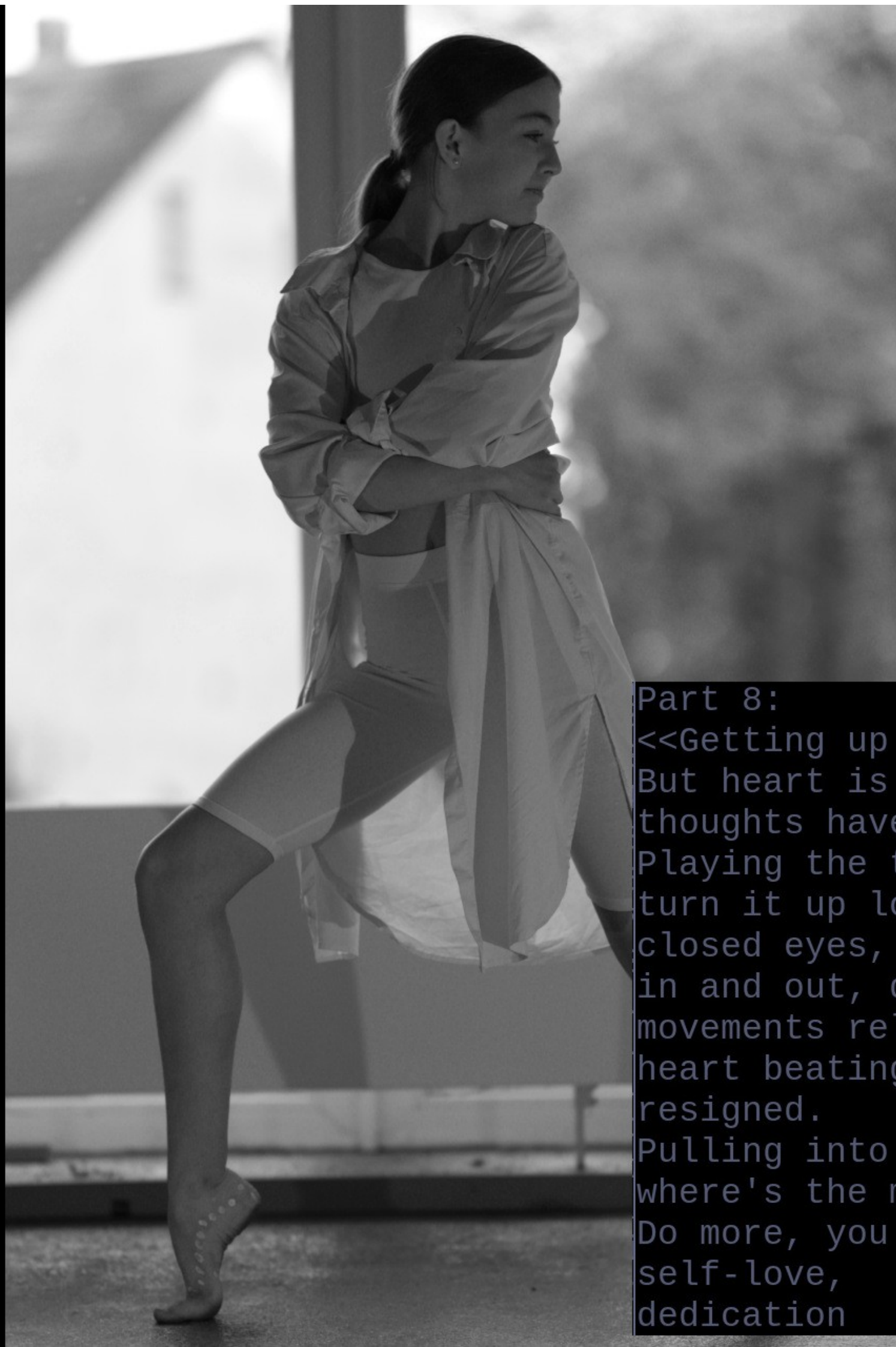


Night...  
Fell asleep with the feeling  
with dance  
Got up, blink, felt it,  
dance floods your body  
This beat,  
knowing it,  
gratitude and love  
This music within  
Dance also my movement

We all feel the same,  
free  
At night when the moon reflects in the ocean, the ocean is the dancer, it thinks for you, full of colors, can be wild, can be completely still, powerful, captivating.>>







Part 8:

<<Getting up again, keeping at it  
But heart is heavy  
thoughts haven't order  
Playing the tough music  
turn it up louder and dance  
closed eyes, breathe,  
in and out, deeply  
movements release  
heart beating but body  
resigned.

Pulling into the mood,  
where's the music

Do more, you tell yourself: trust and  
self-love,  
dedication



calmer again, the body increases its m  
ovements  
thoughts become clear  
dancing out,  
with every step  
a lightness increase  
and a love  
Dance warmth returns to hug  
you  
Feel you  
Security of the dance  
You devour, you are back,  
loving.>>



Part 9:  
<<Morning. Sea sound,  
wind, waves,  
salt water and glimmers of  
sun in hair,  
and people watch her, fixe  
dly,  
her toes are in the sand,  
she turns her pirouettes



in the wind, sun touches  
her tanned face softly  
happy and does not think a  
bout tomorrow.  
live, love, infinity  
And there she is again,  
now walking  
And I am watching her,  
everyone is,  
fascinating she is!





Could I be like her  
so unperturbed and free  
doing what she loves  
without distractions  
Every step beams grace  
and elegance, that's  
what it must feel  
to walk as a dancer  
proud from head to toe,  
body control, lightness,  
and yet intensity.>>



some cool colors  
for fw2425  
clothes: layers  
upon layers (skirt)  
wildly  
metallic  
raincoat  
tight half-open  
jagged prints  
faintly striped  
1/3 transparent  
strong lean legs

Seen from the  
perspective of  
spring 2024,  
the fabrics  
and colors of  
the coming

fw2425

season reflect  
a world where  
the champagne  
resides, so to  
speak, mostly  
in the cellar.  
The runway  
shows display  
all sorts of  
variations of  
black and  
variations  
from baggy  
black  
raincoats to  
less baggy  
black  
raincoats. Add  
white. Look  
deeper,

though, and  
there is a  
superb  
elegance in  
between; there  
are  
explorations  
of  
transparency  
and a set of  
rather  
majestic  
colors.

And, a word to  
be said for  
the strength  
of the black  
and white &  
monochrome: it  
is a world of  
fashion more  
than ever  
dedicated to  
the sense of  
the 'power  
girl', also  
the athletic  
girl



**The apparent  
ease of  
athletic  
perfection**

**Fashion  
model  
Twinkie  
Crecelius**





Fashion model is  
Twinkie Crecelius,  
@twinkie\_bug\_gymnast

fashion photographer  
is Lisa Crecelius,  
@twinkiebug\_photos.

MUA, hair styling by  
Twinkie,  
@twinkiebugflipflops

Stylist: Twinkie  
Crecelius,  
@twinkie\_bug\_gymnast

Contributions by  
Victoria Jayne,  
@velvetmoonbrand,

and Bri Millet,  
@thesirkel.

Fashion brands:  
@twinkiebugflipflops

Special thanks to  
@betitanfit for Home  
Gym Equipment.

General style  
advisor: Aristo  
Tacoma.





















<<Don't  
think  
about  
the  
start  
of the  
race,  
think  
about  
the  
ending  
.>>  
Usain  
Bolt





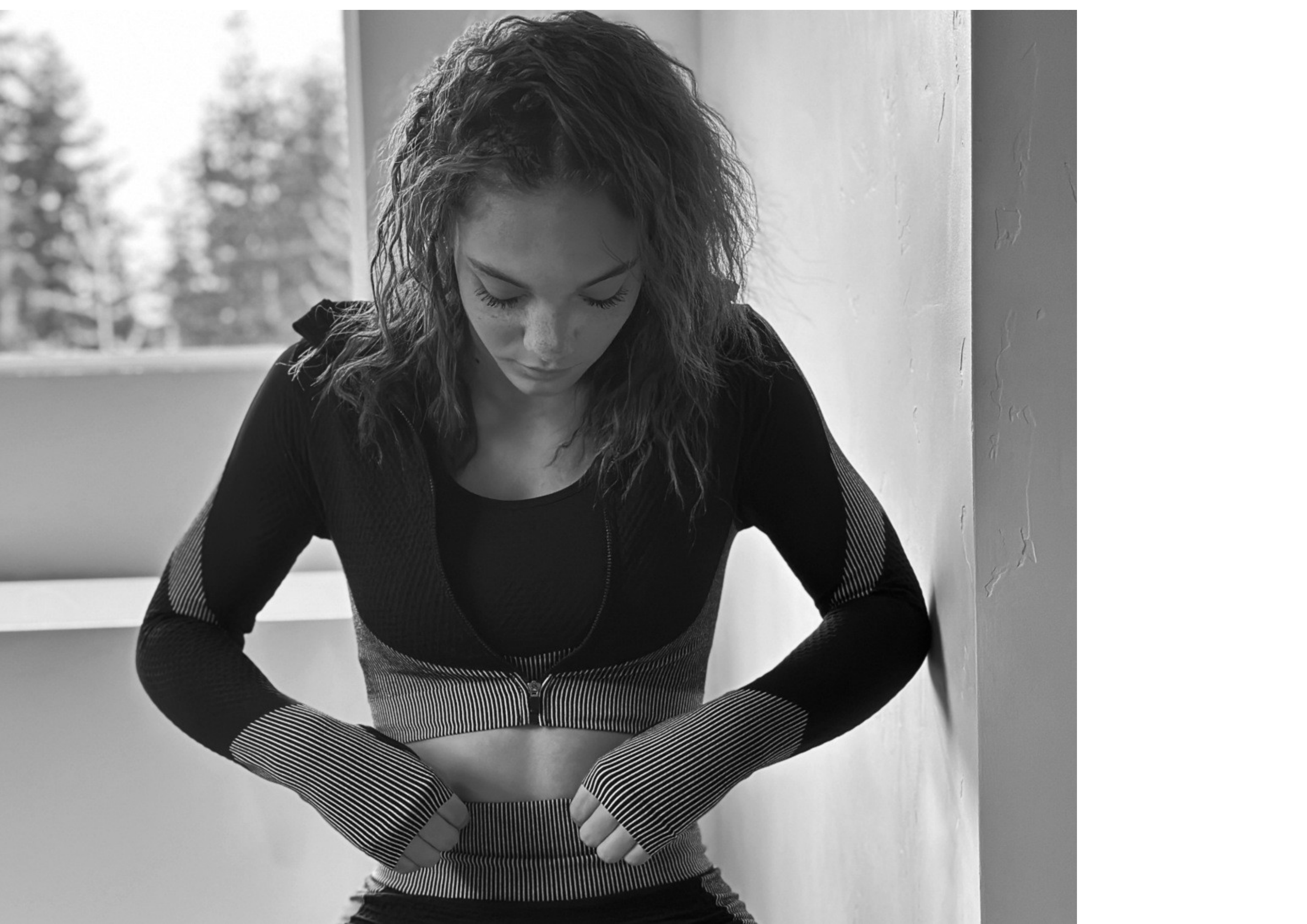




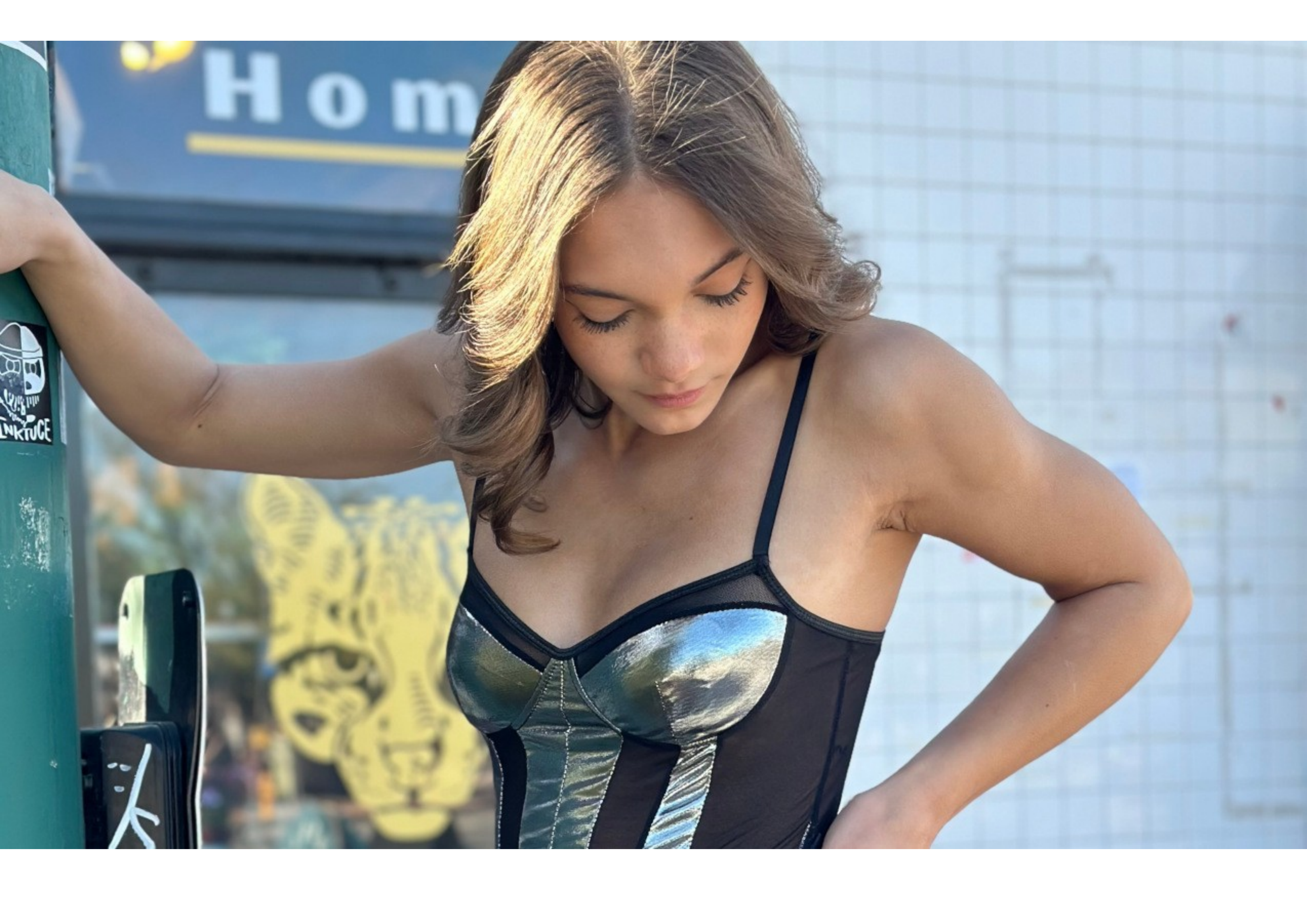






































# A Fashi on Anti- War

The  
BERLi  
NiB  
Violet

Drink  
Summe  
r 2024

Requires adult  
supervision :)

Concoction requires:

Sparkling water, or  
nonsparkling if you  
prefer



200 mg Sports  
Caffeine Capsules  
with powder, which  
can be opened

Raspberry  
concentrate, can be  
sugared

Blueberry  
concentrate, can be  
sugared

If you prefer: a  
mild probiotic  
L.Acidophilus tablet  
with powder, which  
can be opened

A clean bottle

Stored in a  
fridge, use  
within some days

Mix generously  
of raspberry into  
the sparkling  
water, and some  
blueberry, until  
a violet drink  
manifests. Add  
plenty of 200mb  
Caffeine tablets.  
Add a probiotic  
to tone it for  
excellent  
digestion if you  
wish. Shake well.  
The idea is that  
the blueberry  
puts your brain  
into an upbeat  
cruise mode, while  
the raspberry gives  
you the power to  
rule your world; the  
caffeine helps you  
to walk on the balls

of your feet and the  
violet color means  
you can tie an  
elegant leather  
string around an  
ankle and be a peace  
lover.

Drink light sips of  
the bottle while it  
is kept in a fridge,  
while you do  
energy/passion/fash  
ion work: it is

not to be  
served in  
a glass  
or drunk  
with a  
meal or  
anything  
so  
sluggish.

Disclaimer:

Boosted by such a  
drink go to a

party and be a  
smash-hit and have  
great fun,. But,  
obviously, do not  
drink more than,  
say, some 400 mg  
caffeine pr day--  
unless you know you  
can handle it and,  
hey, not all the 400  
mg at once.

iB







THIS IS A  
PREVIEW OF  
SOME PARTS  
OF THE  
MAGAZINE;  
MORE TO  
COME! :)



































THIS IS A  
PREVIEW OF  
SOME PARTS  
OF THE  
MAGAZINE;  
MORE TO  
COME! :)

































Text: Aristo Tacoma

Comment

MEAN  
INGF  
ULLY

# AWAR E BEAU TY

If you like me have read novels and such where phrases like, "and there was nothing self-conscious about her, her beauty seemed innocent" have appeared, you may have been doing some thinking: just when is the thing about being 'self-conscious' relative to own radiance a good thing?

In looking at my own

experience, I have had both experiences: I have been excited about how someone has been aware of own beauty, and happy and playful about it; and, on the other end of the spectrum, I have been turned off by how someone seemed to be 'aware' of a beauty that they didn't quite have, at least not to that extent. But there are more experiences like this: I have found myself a bit fascinated when someone seems to possess far more beauty than they show awareness of; but also a bit disgusted when someone dismisses a rare feature of beauty about themselves as insignificant. Would it not be

wiser, I have been finding myself thinking, that she was aware of that feature so that she cares for it? Is it not simply lack of beauty education to dismiss a a superb feature of oneself like that? A sort of 'bad upbringing'?

When someone is meaningfully aware of own beauty, it means that this feature of beauty--which is, when real, always an infinity of course, always something to explore more, not something finite, --is something that this person that you encounter is in a way actively engaging in exploring and perceiving. And you, agreeing to the point, may find yourself

sharing in the perception process; You and her, together, may perhaps find a quiet joy in re-perceiving these features of beauty by her. This is not exactly 'unselfconscious'! So when is 'unselfconscious' appealing? When is beauty that one is not aware of something nice? One thing is that one is not 'quite' aware of it; another is that one is condemning this feature of oneself (which might appear a bit idiotic). Not 'quite' aware may be an illusion; she or he may be good at not showing just how deeply own satisfying is being constantly taken of just this or that feature, or set of features, about own physical

radiance; or skill in movement; or personality or voice feature.

It may also be a potential for this sort of shared awareness of a person's beauty, that this person is not--yet--enlightened to the greatness of a feature. And that can also have an appeal.

iB

# AND FUTUR E OF NETSH OPS

Comment

## ABOUT THE PRESE NT

The present of  
netshops  
[overstated]:

the guys  
running  
physical stores  
raise, however  
slightly, their  
eyebrows if you  
come to their  
store with any  
even slightly  
unusual  
request--such  
as getting  
pants which  
long enough to  
fit you. And  
they tell you  
to go their  
netshop.

There are  
exceptions--  
there are the  
dazzling ones  
who, with  
glitter in  
their eyes,  
convey that  
they are happy  
that finally  
someone has  
left their PC  
and flat little  
devices and  
come along,  
physical person  
and all, to  
their real and  
manifest shop  
on this planet.

But those are  
exceptions, as  
far as I can  
tell.

The general  
impression one  
gets is that  
upon entering  
a physical shop,  
the  
salesperson--  
once located--  
can hardly lift  
his or her eyes  
from the  
screen, and  
when the  
person does  
lift his or her  
eyes, it is with  
the air of  
someone who  
has to  
complete a

national  
budget tonight.  
A glance at the  
screen shows,  
however, that  
it is neither  
Microsoft  
Excel nor  
LibreCalc that  
is the topic of  
concern, but  
rather it is  
not loosing out  
on a game.

As a result,  
one does  
indeed go to  
their netshop.  
At least,  
digitally, it  
says a pleasant  
vibrant  
Welcome!

However on the  
path to it,  
trying search  
engines, it can  
easily be the  
case that all  
sorts of wares  
come up in  
search engines  
but most of  
them are sold  
out and the  
links aren't  
working.

Each ware that  
come up in the  
netshop is  
poorly  
described,  
badly  
photographed,

and nobody has  
any idea, even  
slightly, of e.g.  
what fabric  
the pants so  
neatly  
depicted are  
made of.

If the ware  
doesn't fit, and  
three out of  
ten cases it  
doesn't, it is  
only a few  
select  
individuals on  
the planet who  
has the time  
and bother to  
carry out a  
return  
procedure.

Unless  
somebody  
figures out a  
new way  
altogether of  
how package  
mail systems  
work, it is only  
one pathway:  
the netshops  
must find a  
description of  
their wares  
that is--when  
there can be  
any doubt--  
infinitely  
better than at  
present. And  
the search  
engines, if  
their budget  
shows that

they earn  
billions on ad  
income from  
companies, must  
start  
bothering to  
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Recurring  
comment

## COMMENT

### On the hidden ocean

Aristo Tacoma

As one who has grown up with science on all sides, so to speak,--near a university and with university folks often in the house--I know only too well that many scientific studies are characterized by an eagerness on behalf of the scientists to interpret results in a certain direction: they

cautious in drawing conclusions, but the whole ship, so to speak, of interpretation is typically weighing many tons and may not reflect nearly all nuances.

I say this because, as far as I can tell, scientific research on human sexuality has scarcely begun. This is echoed in culture, which, though sexuality dominates from the sides, so to speak, it has not a serious stamp on itself, whether in science or in society. Add to that the condemnations of sexualitty rampant in many cultures, whether religously based or founded on more secular or political ideas.

There is a way in which sexuality and intelligent creativity belong together, and, as far as I can tell, has

always done so, in ways which are subtle and complex and which rarely are talked about in rarified and adequate terms. Of course, many who have read their Freud etc have said things that give a flavour of credibiliity to sexuality in this or that way. For instance, they may have suggested that such and such person—perhaps Picasso, Dali--'channeled their sexual energy or libido'. So, there, at least, sexuality has got some reputation--'energy'. But energy is also adrenaline, electricity, caffeine – and **oil**. Energy is not necessarily subtle.

Even in cultures that to some extent honor sexuality as divine, such as in the tantra/chakra traditions, there is still a tendency to say: sexuality is an animal instinct, and lower than the golden impulses of the compassionate heart. It is the raw, sometimes aggressive force that also has procreation as part of itself. Now there is no denying that some forms of testosterone-driven action can have an aggressive slant or even involve killing; nor is there any denying in that procreation can be, and in fortunate circumstances can be intended to be, a beautiful result of healthy sexuality with mutual benefits.

But in one way or another, every one of these types of attitudes to sexuality, as just

mentioned, appear to me to be mere aspects of what sexuality is all about. To me, it seems like we have an hidden ocean here--sexuality--and that, for reasons of fear, haste, prejudice, have got into the habit of focussing on geometrical features of some shapes in that ocean near the shore, overlooking, in the process, the majesty and presence of the whole hidden ocean.

There are exceptions: there are those who have honored the oceanic vastness, but they have somehow too often become marginalized in how society have plowed on to discuss sexuality eg in political terms.

Let us try here, motivated by this background, to set some records about the concept of sexuality straight—so to speak. Here:

Sexuality is not merely an energy, it is a shaper of energy. It is not merely an animal energy, but something which connects to the most humane and most soulful of all feelings, namely compassion; and it does so in its fascinating and sometimes mysterious mingling with the appreciation for beauty tinged with cosmic spirituality. Sexuality is not merely an orientation or attraction or an energy that goes this way: it is a source of mental events,

intuition, intelligence, creativity and order so as to make action magnificent and esthetical. Sexuality is not merely tied up to such orders of health as are connected to human procreation: it is, while perhaps fuelled by human beauty, something that touches on and indeed deepens every form of technical, logical, intellectual, physiological and procreational capacity that a person possesses. The awakened and realized sexual energy is a mental and spiritual peak, far greater than a merely physiological response of the body—just as the greatest joy of sex is not in the physical climax but in the long dancing activity before that--a peak that nurtures the refined aspects of our minds and heartfelt feelings, and rejuvenates the skin and replenishes a fresh outlook on life and a bright sense of the future.

**By the way:** There is some scientific evidence for one thing that ties beauty to sexuality in a way that may not to all be entirely obvious. A study [reference for anyone who is interested can be provided] indicated that poly-activity is statistically favoured to a far greater extent by those who are typically considered beautiful. So!





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the T.N.S.

## [True Nonsense Section]

Text Aristo Tacoma

**Humour  
is not  
just  
humour  
and  
there's  
the big  
O**

Now this, I have to say, almost extremely respectable, TNS column is all about being fantastically decent--like the most, ever--and very politically sensitive-- nobody being more politically sensitive-- and in all senses correct. And so I cannot engage in naming people like somebody called, according to WSJ, Humpty-Trumpty. I mean, I didn't name anyone there did I? But upon reading the news, I have been chasing after ways of sort of getting the annoying bits of news away--because they are a bit many of some such bits sometimes-- and the annoying bits of news tend to go together with some people, though perfectly good nice people I am sure, come through as a little bit annoying themselves. And so I have found a master solution, but I cannot say to whom I apply it: Mr Fitzgerald Pumpnickel.

You see, whenever I read the name "X", mentally, I substitute,

"Mr Fitzgerald Pumpnickel" and the associated bits of news ceases, like magic, to be annoying. They become almost fun.

Try naming the Earth as 'flat' for instance, and you are in good company: a YouGov poll some years ago-- if I remember it correctly but I probably don't-- indicated some 3 out of 4 or 5 young adult Americans vote for 'not altogether convinced' that Earth is round. But all this is beside the point. The point is the Big O. Those who study the Big O and what leads up to it while also measuring

## brain activity--

--not a great majority of scientists have done such pertinent research as yet--find there are some forms of symmetries and nonsymmetries that also sometimes involve Alpha EEG brain waves during such humane sports.

Interestingly--and I beg you to remember that each one of us, in happy days during growing-up, statistically laughs many hundreds of times pr day--good-natured laughter goes

along with the same EEG brain frequency. Now just listen to this: good-natured laughter, in other words, not the sarcastic laughter. And what is the difference?

In the sarcastic laughter, there is an object and the object is suffering, and that seems to diminish the degree to which the laughter gives Alpha waves.

But is there anything to laugh of unless one laughs of someone? All we need is one clear-cut example. Hm, let's go to a common source of TV-originated laughter: Seinfeld. He sometimes got this point right on, as far as I can tell. Eg, the 'I didn't bring a towel' episode. Know it? If not:

Seinfeld, who is a humorist also inside of his TV series, has a very okay girl-friend or date or whatever in an episode, I think she's called Sandy. Except that--as he complains to his close friend George that, when he (Seinfeld) tells a joke, Sandy typically responds, gravely serious, that it is very funny indeed. I mean, honestly replied, but completely without a

laugh. Kind of not what Seinfeld considers a big success in the realm of humour, and we agree with him.

Got the picture? Seinfeld dates Sandy and Sandy, in turn, lives in a NYC flat with **pretty**

**Laura.** So one

day, as we know, Seinfeld was to take Sandy out for the night or something and he knocks on the door and the door is opened by the dazzling Laura.

'Hi, you must be Sandy's boyfriend. She's in the shower right now. Do you want to come in?'

And Seinfeld replies, 'But I didn't bring a towel.'

Now Laura, much to **Seinfeld's  
delight,**

nearly collapses in roaring laughter.

Seinfeld explains this later to George. "Trouble is," Seinfeld says, "Laura has attributes that appeals to superficial men."

George nods meaningsfully and replies, "Oh "

And on it goes.

Good-natured laughing puts the brain in order: it feels that the world is pretty okay, and so it indulges in bringing about some neat Alpha EEG waves, maybe even a bit of Theta. You know, brain wave wine. In doing sarcasms, on the other hand--and remember this, good mr Dumpty-Tutti (oops, a sarcasm maybe there)--there seems to be a feature of some kind of guilt or something inside that reduces the prestine quality of the slight big-O feature of Alpha.

iB

the T.N.S.  
[True  
Nonsense  
Section]  
Text Aristo Tacoma

# The big boss

Has it struck you that there is a way the phrase, "God is good!" (or its particularly apt variation, "God is good today!"), is sort of genetically wired into the genes of quite a few humans-- typically men, and indeed, very male men; though in this time and age it can be any gender at all of course. Let

me explain by being unusually politically incorrect, and not just politically incorrect but quite possibly religiously incorrect and historically incorrect as well. Suitable for a nonsense section.

Well then, it so happened one day around

26.5 AD or so

that Jesus was riding with his disciples in a bus. Or perhaps you didn't know. But it was. As for its motor, I'm a bit unsure. Let us assume that it was pulled by asses but the point is not essential. It could even be camels.

The boss had just made water

into wine the other day, and walked on water and such, and his disciples were as full of admiration for their leader as they could be, but it was not entirely reciprocal as Jesus found them just that day a bit boring; especially as they had all taken to speak to him of his eternal greatness in a in a dumb-witted choir.

Sitting upfront behind the bus driver, he let his eyes wander and longingly gazed out of the window, hoping for something to divert his attention.

And circumstances wanted it that his eyes suddenly beheld the slender young grace of Maria Magdalena, who, practically next to the bus, and in Eve's clothes, was taking a good wash and not caring a damn. Inadvertently, Jesus exclaimed, as quite a lot of, well, people would do, "God is good!" or the

corresponding in Arameic. And the disciples, as if by command, replied in a choir, "Yes you are!"

The point? None at all. But when the scene came to my mind a day, it sort of made it.

iB



Want some big timeless (ha!) words from BERLINiB behind closed doors as it were? On repeat? OK. Here we go:

FASHION IS THE UNFOLDING OF THE ESTHETICS OF MATCHING WORLD, POLITICS, MORALITY TO THE INWARD SURGE OF PINK FLUIDITY AND GETTING A BUSINESS FROM IT AS WELL: the industrial modelling babes #ja #pinkfluidity #gracefully

BACKGROUND:  
FINE ART, Dali, Henry & June, and LGBTQ+ in all its variations are schooltext stuff and trivially integrated in a health and beauty and sensuality and fitness and wellness consciousness of a modern young human being

FOREGROUND:  
Excellence in esthetics; in touch; in relaxing hyper-well-trained muscles; in freedom from fear; in feeling relatedness; in crossing old morals when they no longer make sense; and being ready to kiss the flower

MANIFESTATION:  
In wellness meditations in which the beauty of the human being is celebrated by the subtle indications that the freedom to unfold is now

#ja #pinkfluidity #gracefully

Fashion models in wellness cover editorial for BERLINiB 2023/B are, in alphabetical sequence:  
Anna Airoldi, @annaairoldi and Sabrina Machoo, @sabinamachoo  
Fashion photographer is Paolo Machoo, MUA, hair styling, the models themselves.  
Stylists are Airoldi & Machoo  
General styling adviser: AT  
Fashion brands: Benetton, Brooks, Labello, Lancaster, Tilly Weill, Terranova, Yamamay.  
Location: Lake Como, Italy



June 30th, 2022:  
the first time ever in Instagram's history anyone used #pinkfluidity and it was used for BERLINiB cover editorial posting for 2023/B BERLINiB by @berlinib

# Beauty Style Fashion

